



Mrs Mackie's Christmas Pudding Recipe

A traditional recipe for a rich dark moist pudding. Ideal to be served with a brandy or whisky sauce.

The Ingredients

To make 2 x 2 pound or 4 x 1 pound puddings

3 ounces of flour	1 tablespoonful of treacle
5 ounces of bread crumbs	½ teaspoonful of mixed spice
5 ounces of suet	½ teaspoonful of cinnamon
1¼ pounds of mixed dried fruit	½ teaspoonful of nutmeg
1 small orange	1 small carrot
1 small lemon	6 ounces of sugar (brown or white)
1 small cooking apple	4 ounces of candid peel
2 eggs	Pinch of salt

The Method of Mixture

Mix flour, bread crumbs, suet, and mixed dried fruit into a large bowl. Add grated orange and lemon rind and juice. Add grated cooking apple. Mix well. Add eggs, treacle, spices and grated carrot. Add sugar, candid peel and salt. Mix well. Allow mixture to stand over night in a covered bowl. Place mixture into well greased pudding bowls. Cover with grease proof paper and secure with string. Pressure cook according to pressure cooker instructions. Allow to mature for about one month before final serving.

The Serving

Warm through using a saucepan of water on a low heat for two hours, being careful not to let any water enter the pudding or the saucepan to boil dry. **DO NOT MICROWAVE.**

For adults- pour over the pudding two tablespoons of high proof whisky and set alight.

The teacher defines a Christmas word- students are to guess it as quickly as they can. You can also describe some traditional Polish Christmas dishes as an introduction to their homework.

Assigning homework: Please write a recipe for traditional Polish Christmas dish.

Tips:

- ✓ You should be aware of the time, because for some students many of these exercises can be really time-consuming. Tell the ss exactly how much time they have to do the task and be strict.
- ✓ If the ss are of the lower level of English you can divide this lesson into 2 parts or combine some of the tasks from part 1 and part 2 of the lesson.
- ✓ Don't forget to assign the homework as this is the essential part of the lesson. If you have lessons day after day you can give more time to do the homework.
- ✓ If you have a lot of students you can make just a several copies and ask them to write the answers in their notebooks. It will save you some money and no harm will be done to students. You will be able to use these copies more than once and maybe also next year for newcomers.
- ✓ If it is OK with your students to read texts not in silence you can play some Christmas music